

## ALBANY COUNTY MENTAL HEALTH PEER SERVICES JANUARY 2008

### **Albany County Consumer Advocacy Board For Mental Health, Inc. (ACCAB)**

10 North Russell Road – Westgate Building  
Albany, N.Y. 12206  
Phone: 518-434-1203  
Fax: 518-434-4881

Email: [accab@nycap.rr.com](mailto:accab@nycap.rr.com)

Advocacy, Linkage to Albany County Services,  
Self-Help Groups, Networking, Lending Library,  
Self-Help Literature, Grievance Procedures, and  
Community Representation.

### **Albany County Department of Mental Health (ACDMH)**

260 So. Pearl Street  
Albany, N.Y. 12202  
Phone: 518-447-4555  
Fax: 518-447-4661

Email: [vgateswilliams@albanycounty.com](mailto:vgateswilliams@albanycounty.com)

Contact: **Vikki Gates-Williams, Consumer Affairs  
Liaison/Benefits Peer Specialist**

One to one peer support. Assistance in navigating the  
Social welfare and federal benefit systems. Information  
On MBI-WPD, Medicare D, Advance Directives and  
DSS. Community Outreach, education and advocacy.  
In house support groups. Information and referrals to  
County programs. Member of the ACDMH Planning,  
Grievance, Advisory and Continuous Quality Improve-  
ment Committees.

### **Mental Health Empowerment Project, Inc. (MHEP)**

116 Everett Road, Suite 7  
Albany, N.Y. 12206  
Phone: 518-434-1393  
Fax: 518-434-3823

Email: [markmhep@aol.com](mailto:markmhep@aol.com)

Contact: **Mark Lunt, Mica Peer Specialist**

Works with people with dual-diagnosis in Albany  
County. Facilitates workshops on recovery-based  
topics. Facilitates Wellness Recovery Action Plan  
(WRAP).

### **Capital District Center for Independence, Inc.**

875 Central Avenue, South 4  
Albany, N.Y. 12206  
Phone: 518- 459-6422  
Fax: 518-459-7847

Email: [CDCI@web.com](mailto:CDCI@web.com)

Advocacy for people with disabilities, Support  
Groups, Ramp Program, Benefits Advisement,  
Housing Advocacy, Peer Advocacy, Independent  
Living Skills, Systemic Advocacy, Consumer  
Directed Personal Assistance Services and Monthly  
Lunch and Learn.

### **Capital Area Peer Services, Inc. (CAPS)**

354 Central Avenue  
Albany, N.Y. 12206  
Phone: 518-427-5056  
Fax: 518-427-5059

Contact: **Terry Murray, Executive Director**

Programs include: Consumer Drop-in Center,  
Systems Advocacy, Peer Advocacy, CARE Line,  
Supportive Housing, and Bridger Team Leader,  
Consumer Stipends.

## ALBANY COUNTY MENTAL HEALTH PEER SERVICES JANUARY 2008

### **Consumer's Connections**

Capital District Psychiatric Center

75 New Scotland Avenue

Albany, N.Y. 12208

Phone: 518-447-9611 ext 6963

Email: [cdrebas@omh.state.ny.us](mailto:cdrebas@omh.state.ny.us)

Contact: **Barbara Shumaker, Executive Director**

Transition to the Community/Socialization Skills held on

Thursday 9:00 -12:00 at 175 Central Avenue. For

Community resources and first time attendees to either

Above support group, please contact the office for

pre-registration.

### **New York Association of Psychiatric Rehabilitation Services (NYAPRS)**

1 Columbia Place

Albany, N.Y. 12207

Phone: 518-436-0008

Fax: 518-436-0044

Email: [kellyA@nyaprs.org](mailto:kellyA@nyaprs.org)

Contact: **Kelly Adams, Administrative Coordinator**

### **of Trainings**

Programs available: Bridgers, Advance Directives,

Training collectives such as Nature and Process of Recovery,

Employment Services, Peer-oriented Services, Healing/

Alternative Medicine, Quality Assurance, Rights/Advocacy/

Special Needs.