

**MENTAL HEALTH AND HUMAN SERVICES  
FOR FAMILIES IN ALBANY COUNTY**

**GENERAL INFORMATION**

Al-Anon Family Groups (relative/friends of people who suffer from alcoholism).....	292-0577
Capital District Psychiatric Center (Family Services 9 Counties) Frank Greco .....	447-9611 X 4512
ClearView Center – Counseling & Education .....	435-9931 (x229/232)
(24 hr hotline – Family Support –Sabrina Balbuena).....	312-2228

**MENTAL HEALTH SERVICES**

Albany County Mental Health.....	447-4555
Albany Medical Center Psychotherapy.....	262-7239
Center for Disability Services.....	489-8336
Counseling Care and Services (Individual/Family Therapy).....	237-4263
Pinnacle Behavioral Health.....	689-0244
Psychological Services at the University at Albany.....	442-4900
Rensselaer County Mental Health.....	463-8869
Schenectady County Mental Health.....	386-2218
Saratoga County Mental Health.....	584-9030
Whitney M. Young.....	465-4771

**FAMILY COURTS**

Albany County.....	285-8600
Family Treatment Court.....	285-8650
Rensselaer County.....	270-3761
Saratoga County Family Court.....	451-8888
Schenectady County.....	285-8435

**OTHER**

Gambling Recovery Center.....	356-1012
Mother’s Against Drunk Driving.....	785-6233
Mame Lyttle (NAMI Family Representative) .....	438-9785
National Alliance for Mental Illness.....	1-800-950-3228
NYS Parent & Kin Connection.....	1-800-345-5437
NAMI Criminal Justice .....	462-2000

<b>SENIOR SERVICES</b> .....	465-3322 or 465-1398
<b>U.S. DEPARTMENT OF VETERAN AFFAIRS</b> .....	1-800-827-1000